BVHS Spring 4 on 4

Playing Rules and Regulations

BVHS 4 on 4 Hockey League Rules

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Playing Rules

U7 Age Group – Half Ice 4 on 4 plus a goalie.

U9 Age Group – Half Ice 4 on 4 plus a goalie.

U11-U18 Age Group – Full Ice 4 on 4 plus a goalie.

Faceoffs

The game will begin with a face off at centre ice. The only other faceoffs will take place in situations where players don't allow the goalies to play the puck and or when players don't tag up if they are offside.

Offsides

Offsides will be called for U11-U18. In the case of an offside, the attacking team will be required to clear the opposing team's zone. The official will ensure that all players tag up before attacking the opposition. (Clear the blue line and do not reenter until every player has exited zone) If the attacking team does not tag up the official will blow the play down and a faceoff will take place.

We want to ensure the game is kept at a high tempo and will work with the U11 Age Group to teach offsides on the bench rather than call every close offside.

Two-line passes will not be called. Cheery picking will not be permitted. If a player enters an opposing team's end, before the puck, all players on the team must tag up before attacking. The officials will ensure that all players tag up before attacking the opposition.

Icing

Icing will not be called.

Line Changes

The buzzer will be set to 90 second intervals for U11-U18 and for the U7-U9 Age Group it will be set for 120 second intervals. All players must change on the buzzer. Players must leave the puck where it lies and immediately change. The next group of players cannot come on the ice until all players changing have entered the player's bench (at the coach's discretion). If players leave the bench early, the official may award the

opposition a penalty shot. This is at the discretion of the official on a situation-by-situation basis.

Scoring

Once a team has scored, they are required to tag up at half before they are permitted to attack again.

Puck Out of Play

If the puck goes out of play, the team that isn't responsible for playing the puck out of play, will be rewarded the puck. The official will place a puck on the ice where the puck left the playing area, and the game will begin as soon as the puck hits the ice.

Frozen Pucks

If the goalie freezes the puck, the attacking team must clear the ringette line (top of face off circles) before reentering into the attacking end. If the goalie does not play the puck in this time frame, a penalty shot may be awarded to the attacking team.

Goalies

Goalies can't play a puck past their blue line. If a goalie plays the puck past their blue line, the opposition will be rewarded with a penalty shot.

Goalies can only be pulled in the last 5 minutes of the period. If a team pulls their goalie prior to this time frame, the opposition will be rewarded with a penalty shot and the play will be blown down by the official.

Penalties

All minor penalties will be called. The player who the infraction occurred on, will be rewarded the penalty shot. Substitutes are not permitted for penalty shots.

The player taking the penalty shot will start on the red line. The official will blow his or hers whistle and the player will proceed.

The other players will line up on the blue line and chase the player.

If the buzzer goes during the penalty shot the player will proceed to take the shot. As soon as the puck is released, ALL players must proceed to make a shift change.

Coincidental penalties will result in no penalty shots for either team.

All major and fighting penalties will result in a game ejection and will be reviewed by BVHS on a case by case basis. Additional suspensions may follow.

All games are non contact.

Other Rules:

We do not supply any dressing room supervision before or after ice times.

Substitutes can only be used if a team's roster is less than 8 skaters and or less than 1 goalie. NO EXCEPTIONS. BV will look after ensuring subs are in place.

BVHS has the right to cancel a flood at any given time.

BVHS will supply two coaches (1 per each team) and an official for each game.

We will rotate coaches between each team to ensure players receive coaching from a variety of different coaches.

All players must wear their BVHS 4 on 4 Jerseys for each of their games. If a substitute is taking part in one of the games, they must supply their own jersey that is a matching color to the team that they are substituting for.

BVHS has the right to make changes to the 4 on 4 Pond Hockey League at any time.

All registered parties will be notified of any and all changes via email.

Players must wear full equipment and mouth guards are optional but recommended.

Contact Information

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